

# **CURRICULUM VITAE**

## **Ashish B Parmar**

### **PROFILE**

I am a caring and dynamic dentist committed to excellence in dentistry. I have a wealth of clinical, management and business skills within the field of dentistry.

### **KEY ACHIEVEMENTS**

- Running successful private dental practices.
- Comprehensive training and knowledge in Smile Design, general and advanced restorative dentistry, implants, fibre dentistry and laser dentistry.
- Lecturing nationally and internationally on Cosmetic Dentistry, Occlusion, Leadership, Marketing and Creating the Ultimate Dental Practice.
- Appearing in national media including newspapers, magazines, radio and TV (one of the most featured dentists on the popular TV programme Extreme Makeover UK). Also been featured on a 14-minute feature on ITV's This Morning programme as well as having treated two celebrities on the TV programme The Only Way Is Essex. Other programmes include Bodysockers, and Channel 5 News.
- Set up of "Smile Design By Ash" in January 2011, a state-of-the-art private dental practice in Chigwell, Essex (see [www.smiledesignbyash.co.uk](http://www.smiledesignbyash.co.uk)).
- Setting up The Academy By Ash and running various Courses including the annual 8-day Hands On Restorative, Aesthetic & Occlusion Course for dentists that want to move to the next level ([www.theacademybyash.co.uk](http://www.theacademybyash.co.uk)).

### **CAREER HISTORY**

- Qualified at Guy's Hospital (London) in December 1991.
- One year Vocational Training at a modern practice in Chingford, London.
- Associate dentist positions at Chingford and Enfield practices (1992/1993).
- Commencement of business partnership in September 1994 with Rahul Doshi; acquisition of Hornchurch Dental Practice (5 Surgery Practice).
- Acquisition of second practice (Barnes Court Dental Practice) in 1997; sold a few years later.
- Set-up of Hertford Practice in 2003, and re-branded as The Perfect Smile Studios.
- Sold Hornchurch branch of Perfect Smile Studios in January 2008.

- Ended Partnership in January 2010
- Work as a part time Associate at Perfect Smile Clinics in London
- Set up of Smile Design By Ash in Chigwell, Essex in January 2011

## **DENTAL COURSES**

### **Cosmetic & Orthodontic Dentistry**

- Clinical Innovations 2 day Conference in London (17 & 18 May 2013)
- UK Cerec Symposium in London (22-23 March 2013)
- Understanding and Using Composites, two day Module 2 (advanced) seminar with GC at Leuven, Belgium (17-18 January 2013)
- Aesthetic Excellence Hands On Course with Galip Gurel in Istanbul (8-9 June 2012)
- Dentistry Live two day conference with Independent Seminars in London (25-26 May 2012)
- EverStick Fibre Course in Turku, Finland (11-12 May 2011)
- 6 Month Smiles Level 1 two day Course with Anoop Maine in London (Oct 2010)
- Inman Aligner one day hands on course with Tif Qureshi in London (16.10.10)
- Enamel plus HRi Course by Optident on Anterior Composite Restorations (San Fedele Intelvi, Italy with Dr Lorenzo Vanini) (24-25 July 2009)
- Modern Aesthetic Dentistry for Daily Practice (Ivoclar International Training Centre in Schaan, Liechtensein) (9 February 2009)
- Gradia Direct Composite Course with GC (Leuven, Belgium) (28-29 February 2008)
- Metal-free Posterior Restorations (Dr D Dietschi, Geneva) (14-15 December 2007)
- Free-Hand Bonding in the Smile Frame (Dr D Dietschi, Geneva) (12-13 December 2007)
- AACD Annual Scientific Meeting, Atlanta, USA (15-19 May 2007)
- State Of The Art Aesthetics (Seattle Institute for Advanced Dental Education, Dr Frank Spears) (6-8 April 2007)
- The Esthetic Rehabilitation A Comprehensive Prosthetic Approach (Dr Mauro Fradeani) (2 June 2006)
- BACD Annual Meeting (18-19 June 2005)
- Speaker at Dentistry 2005 (audience of 800-1000 dentists) in Kerala, India (29 January 2005)
- Our second Aesthetic Hands On Course (12-13 and 26-27 November 2004)
- Set-up of The Perfect Smile Academy and successfully hosted our first Hands On Smile Design Course (May and June 2004)
- AACD Meeting in Vancouver (April 2004)
- Assistant Instructor with Rosenthal Group (2003/2004)
- The 'Aesthetic Advantage' Hands on Aesthetic Continuum, Palm Beach, Florida (Dr Larry Rosenthal & Dr Jay Lerner) (MASTERS) (February 7 – 9 2003 and March 14 – 16 2003)

- The 'Aesthetic Advantage' Hands on Aesthetic Continuum, New York (Dr Larry Rosenthal) (Level II) (October 11–13 2002 and November 8–10 2002)
- Aesthetic update with Dr George Freedman (Independent) (14–15 June 2002)
- The Hands on Aesthetic Continuum, London (Dr Larry Rosenthal) (Level I) (January 2002)
- Building the ultimate Aesthetic Practice in General Dental Surgery (Dr Larry Rosenthal) (21 December 2000)

### **Photography**

- The Digital Patient Consultation II (Dallas Dental Solutions, Dr Greg Lutke) (10-12 February 2005)
- The Digital Patient Consultation I and PowerPoint for Dental Speakers (Dallas Dental Solutions, Dr Greg Lutke) (9 February 2005)

### **Implants**

- Applied Anatomy Course with Dissection of Human Cadaver with Stuart Orton-Jones (Bristol, 22-23 January 2011)
- ITI World Symposium in Geneva (15,16,17 April 2010)
- ITI Live Skills Dental Implant Course with Jonathan Schofield (bath 8-12 March 2010)
- An Overview of Implant Dentistry (Rainham with Highland View Dental Care) (26 November 2008)
- AAID Meeting in New York (3-7 November 2004)
- Third World Congress of Osseointegration (Venice 21–24 February 2001)
- ADI International Congress on Implant Dentistry (London) (31 March – 1 April 2000)
- One year Implants Course at The Tatum Institute (Harpole) with Dr Hilt Tatum and Stuart Orton-Jones (1999-2000)
- Clinical Step-by-step Branemark Hands On Implants Course at Eastman Dental Hospital (May 1997 – May 1998)

### **Periodontal**

- 2 day seminar on Hygiene (Dr Ken James) (9-10 September 1998)

### **Occlusion / Restorative**

- Mastering T-Scan (Dental Training Institute, Chertsey with Dr Rob Kerstein) (6 March 2008)
- Complete Occlusion Management (Dr Christopher Stevens, DTI) (20 September 2007)
- Full Mouth Synergy Course with Hornbrook Group (3 separate trips to San Diego July-September 2007)
- Occlusion in Clinical Practice (Seattle Institute for Advanced Dental Education, Dr Frank Spears) (21-23 May 2007)

- Facially Generated Treatment Planning (Seattle Institute for Advanced Dental Education, Dr Frank Spears) (19-21 April 2007)
- Ultimate Occlusion 3 day hands on Course (David Hornbrook) (9-11 September 2006)
- Complete Occlusion Management (Dr Christopher Stevens, DTI) (15-16 March 2007)
- Occlusion in the Clinical Practice (Seattle Institute for Advanced Dental Education, Dr Frank Spears) (11-13 August 2005)
- A day with Michael Wise (18 January 2003)
- Excellence in Restorative Dentistry (Ellis Paul & Paul Tipton)
- Advances in Crown and Bridge Techniques (14 March 1997)

### **Coaching / Practice Development**

- Building The Extreme Aesthetic Practice (BACD) (15 April 2005)
- One year coaching programme with Dr Bill Blatchford (commenced August 2004)
- Hosted a two day seminar with Cathy Jameson for dentists in London (September 2003)
- 2 day seminar with Cathy Jameson, Queens Club (London) (Autumn 2002)
- Dr Paddi Lund one day seminar (Independent) (13 November 2000)

### **Lasers**

- All Tissue Laser Assisted Course (Hertford) (11-12 August 2008)
- Versawave Hard Tissue Laser Course (Las Vegas Institute) (29-30 May 2008)
- Versawave Hard Tissue Laser Training (Hertford, 7 February 2009)
- SIROLaser Soft Tissue Laser Course (Bensheim (Sirona headquarters), Germany with Dr Adamsik) (22 February 2008)
- Safe use of lasers in dentistry (Cambridge) (22 August 2002)

### **Other**

- Radiography Update including IRR 1999 and IR (ME)R 2000 Regulations, 3 hour seminar with Temp dent at our Practice (4 February 2013)
- Complaints Handling & Ethics Temp dent 3 hour seminar at our Practice (25 February 2013)
- Infection Control lecture at our Practice by FMT Limited (19 September 2012)
- Safeguarding of Children and Vulnerable Adults, 3 hours CODE seminar at our Practice (26 July 2012)
- Basic Life Support Course, 2.5 hours at our Practice by A to E Training and Solutions (28 May 2012)
- Pain diagnosis in endodontics with Andrew Hyatt (Forest section BDA evening lecture 16 July 2011)
- Getting ready for CQC registration (CODE Course 23.10.10)
- GSK Talking Points in Dentistry (Hilton Hotel, Watford) (12 May 2009)
- CPR, Medical Emergencies, AED with Dental Buying Group (Hertford) (10 April 2008)

- Infection Control (London Department of Postgraduate Medical & Dental Education) (3 October 2007)
- Dental Ethics & Law (London Department of Postgraduate Medical & Dental Education) (24 October 2007)
- The Secrets of Case Acceptance (Steven Anderson) (3 March 2006)
- Radiation Protection Update for Dentists (Department of Radiological Sciences, Keele University) (23 November 2005)
- Adult Basic Life Support (13 May 2005)
- Air and Fluid Abrasion (Velopex Seminar) (11 September 2002)
- National Young Dentist Conference at Alton Towers Hotel (25 September 1999)
- Basic Supervision Course (April 1997)
- Advanced Practice Endodontics (Dr Pitt Ford) (January 1997)

### **ADDITIONAL INFORMATION**

Practice Address: Smile Design By Ash, 6 Chigwell Rise, Chigwell, Essex, IG7 6AB  
 Work telephone: 0208 5000544  
 Mobile: 07971 291180  
 E-mail: [abparmar@aol.com](mailto:abparmar@aol.com)  
 Interests: Golf, going to the gym, swimming and tennis. Spending quality time with my wife Jyoti and our two children is important. I aim for a balanced life and also focus on spiritual development and helping a charity. We enjoy traveling and socializing with friends and family.